

Dinah Bondoc, PT

Physical Therapist



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Profile

Dinah has over 15 years of experience helping people get back to their full functioning capacity. Prior to concentrating as a Physical Therapist, she practiced as a Medical Doctor in the Philippines, which greatly enhanced her knowledge and skills in treating people holistically. Although Dinah has successfully managed a wide variety of orthopedic and non-orthopedic cases, her specialty centers on preoperative evaluations and postoperative treatments for total joint replacements, and shoulder, spine, knee, and ankle surgeries. She believes that each patient is unique and that incorporating their needs with the treatment plan is essential to establishing a successful care regimen. Dinah practices open communication and ascribe the clinician and patient teamwork approach as key to recovery.

Dinah loves spending her free time with her family doing outdoor activities, going to beaches, watching movies, and cheering on her kids when they play competitive tennis.

Education

- Physical Therapy, Fatima College of Physical Therapy
- Doctor of Medicine, Fatima College of Medicine