

## MARC J. BRESLOW, M.D.

### ADDRESS

**Illinois Bone and Joint Institute**  
**9000 Waukegan Road**  
**Morton Grove, IL 60053**  
**847-375-3000**

### EMPLOYMENT

*August 2007 to present*

**ILLINOIS BONE AND JOINT INSTITUTE**  
Single Specialty Orthopaedic Group  
Morton Grove, IL

*August 2001 to July 2007*

**DUPAGE MEDICAL GROUP**  
Multispecialty Group of 230 physicians, 9 orthopaedists  
DuPage County, IL

### POSTGRADUATE TRAINING

*July 2000 to August 2001*

**FELLOWSHIP- ORTHOPAEDIC SPORTS MEDICINE AND  
ARTHROSCOPY**  
*Temple University, Philadelphia, PA*

*July 1996 to June 2000*

**RESIDENCY- ORTHOPAEDIC SURGERY**  
*New York University, The Hospital for Joint Diseases  
Orthopaedic Institute, New York, NY*

*Spring 1999*

**ORTHOPAEDIC SURGERY- TRAUMA ROTATION**  
*Shock Trauma Hospital, Baltimore, MD*

*July 1995 to June 1996*

**INTERNSHIP- GENERAL SURGERY**  
*New York University Medical Center, New York, NY*

### EDUCATION

*September 1991 to June 1995*

**RUSH UNIVERSITY COLLEGE OF MEDICINE**  
*M.D. with Honors  
Chicago, IL*

*September 1987 to June 1991*

**DARTMOUTH COLLEGE**  
*B.A. Religion/Biology  
Hanover, NH*

*Spring 1989*

**UNIVERSITY OF GRANADA**  
*Spanish, Lived with a Spanish family  
Granada, Spain*

*Spring 1988*

**NORTHWESTERN UNIVERSITY**  
*Physics  
Chicago, IL*

## HONORS

1995

ALPHA OMEGA ALPHA HONOR SOCIETY

## CERTIFICATION

*Board Recertification in Orthopaedic Surgery 2012*

AMERICAN BOARD OF ORTHOPAEDIC SURGEONS

*Subspecialty Certificate in Orthopaedic  
Sports Medicine Passed Exam 2011*

AMERICAN BOARD OF ORTHOPAEDIC SURGEONS

*Board Certified Passed Part 2 Exam September 2003*

AMERICAN BOARD OF ORTHOPAEDIC SURGEONS

*Board Eligible Passed Part 1 Exam July 2000*

AMERICAN BOARD OF ORTHOPAEDIC SURGEONS

*Part I (1993), Part II (1993), Part III (1997)*

DIPLOMAT NATIONAL BOARD OF MEDICAL EXAMINERS

*Illinois, Wisconsin*

STATES OF LICENSURE

## PROFESSIONAL SOCIETIES

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

*Fellow- February 2005*

ARTHROSCOPY ASSOCIATION OF NORTH AMERICA

AMERICAN MEDICAL ASSOCIATION

AMERICAN ORTHOPAEDIC SOCIETY OF SPORTS MEDICINE

CHICAGO MEDICAL SOCIETY

ILLINOIS STATE MEDICAL SOCIETY

## ACADEMIC AND MEDICAL POSITIONS

*December 2007 to present*

UNIVERSITY OF ILLINOIS MEDICAL CENTER AT CHICAGO  
ASSISTANT PROFESSOR OF CLINICAL ORTHOPAEDICS  
*Chicago, IL*

*2011 to present*

UNIVERSITY OF CHICAGO/NORTH SHORE UNIVERSITY HOSPITAL FACULTY  
MEMBER DEPARTMENT OF SPORTS MEDICINE  
*Evanston, IL*

*2011 to present*

ILLINOIS BONE AND JOINT INSTITUTE PRACTICE MANAGEMENT COMMITTEE  
MEMBER  
*Morton Grove, IL*



1995 to 1998 **NEW YORK CITY PUBLIC SCHOOL ATHLETIC LEAGUE**  
*Staff Physician, NY*

1989 to 1991 **SHADOW PROGRAM**  
*Dartmouth Hitchcock Hospital, Hanover, NH*

Summer 1990 **CHICAGO SCHOOL FOR MASSAGE THERAPY**  
*Chicago, IL*

Winter 1990 **REPRODUCTIVE GENETICS LAB TECHNICIAN**  
*Illinois Masonic Medical Center, IL*

Summer 1990 **ALZHEIMER CLINIC COORDINATOR**  
*Lieberman Geriatric Center, IL*

## **INSTRUCTORSHIPS/LECTURES**

November 2019 **MOCK SHOULDER IME**  
*CCMI Insurance - Naperville, IL*

November 2019 **ORTHOPAEDIC MANAGEMENT OF ROTATOR CUFF TEAR**  
*Athletico University - Evanston, IL*

May 2018 **ROTATOR CUFF IN PATIENT WITH ELEVATED BMI**  
*Traveler's Insurance - Naperville, IL*

April 2018 **WORK COMP LAWYERS ASSOCIATION CONFERENCE – SHOULDER LECTURE**  
*Chicago, IL*

April 2018 **ROUNDTABLE DISCUSSION – SHOULDER INJURIES IN THE WORKPLACE**  
*Lombard, IL*

October 2017 **ROUNDTABLE DISCUSSION – WORK RELATED KNEE INJURIES**  
*Oakbrook, IL*

October 2016 **MANAGING SHOULDER PAIN FOR THE PRIMARY CARE PHYSICIAN**  
*Glenview, IL*

September 2016 **SHOULDER INJURIES – LECTURE TO PLAINTIFF AND DEFENCE ATTORNEYS**  
*Chicago, IL*

March 2016 **WORK COMP PANNEL ROUNDTABLE WITH LAWYERS AND ADJUSTORS**  
*Oakbrook, IL*

September 2015 **SHOULDER PATHOLOGY FOR CHIROPRACTORS**  
*Lincolnwood, IL*

April 2015 **MOCK SHOULDER IME – SEDGWICK**  
*Rosemont, IL*

April 25, 2015 **ROTATOR CUFF ARTHROPATHY/REVERSE SHOULDER ARTHROPLASTY –  
LECTURE TO PHYSICAL THERAPISTS AT JOINT ARTHROPLASTY SYMPOSIUM**  
*Lutheran General, Park Ridge, IL*

March 2015 **AANA SHOULDER MASTERS COURSE LEARNING CENTER - LAB INSTRUCTOR**  
*Rosemont, IL*



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| October 2011   | <b>ORTHOPAEDIC CODING FOR KNEE PATHOLOGY – CPC CHAPTER MEETING</b><br><i>Health Information Services, Park Ridge, IL</i>                |
| July 2011      | <b>EVANSTON FIRE DEPARTMENT EDUCATIONAL SEMINAR ON SHOULDER INJURIES</b><br><i>Evanston, IL</i>   |
| July 2011      | <b>THE ANATOMY OF A WORK COMP SHOULDER CASE</b><br><i>Rising Medical Lunch and learn, Chicago, IL</i>                                   |
| April 2011     | <b>ORTHOPAEDIC MANAGEMENT OF ROTATOR CUFF PATHOLOGY</b><br><i>Chiroprator Dinner, Morton Grove, IL</i>                                  |
| January 2011   | <b>THE ANATOMY OF A WORK COMP SHOULDER CASE</b><br><i>Case Manager Dinner, Lombard, IL</i>  |
| November 2010  | <b>SLAP OR NO SLAP THAT IS THE QUESTION</b><br><i>IBJI Conference for Physical Therapists, Skokie, IL</i>                               |
| September 2010 | <b>MOCK SHOULDER IME</b><br><i>Case Manager Conference, Chicago, IL</i>   |
| July 2010      | <b>MOCK SHOULDER IME</b><br><i>Covantry, Lombard, IL</i>  |
| March 2010     | <b>MOST COMMON CAUSES OF KNEE PAIN AND THEIR TREATMENT</b><br><i>Oasis Institute, Northfield, IL</i>                                    |
| March 2010     | <b>MOCK SHOULDER IME</b><br><i>Corvel, Chicago, IL</i>  |
| January 2010   | <b>UNIVERSITY OF ILLINOIUS KNEE ARTHROSCOPY COURSE</b><br><i>Lab Instructor – OLC – Rosemont, IL</i>                                    |
| November 2009  | <b>SURGICAL MANAGEMENT OF SHOULDER PATHOLOGY</b><br><i>Illinois Sports Medicine and Orthopaedic Surgery Center, Morton Grove, IL</i>    |
| November 2009  | <b>CODING OF SHOULDER PATHOLOGY</b><br><i>Health Information Services, Park Ridge, IL</i>   |
| November 2009  | <b>THE ROLE OF MUSCULOSKELETAL IMAGING</b><br><i>Case Manager Lunch and Learn, Morton Grove, IL</i>                                     |
| November 2009  | <b>SURGICAL MANAGEMENT OF ROTATOR CUFF TEARS</b><br><i>IBJI Physical Therapy, Morton Grove, IL</i>                                      |
| October 2009   | <b>SHOULDER PAIN IN THE AGING WEEKEND WARRIOR</b><br><i>Oasis Institute, Northbrook, IL</i>   |
| July 2009      | <b>KNEE PAIN IN THE INJURED WORKER</b><br><i>SEAK National Workers' Compensation and Occupational Medicine Conference, Cape Cod, MA</i> |
| July 2009      | <b>MOCK SHOULDER IME</b><br><i>Coventry Conference, Lombard, IL</i>   |
| June 2009      | <b>FRACTURES OF THE SHOULDER</b><br><i>Accelerated Rehab – Trauma Conference, Oak Brook, IL</i>   |
| March 2009     | <b>GLENOHUMERAL INSTABILITY</b><br><i>Rehab Connections – Sports Medicine Forum, Oak Brook, IL</i>                                      |

May 2008 **ORTHOPAEDIC MANAGEMENT OF SHOULDER PAIN**  
*Arthritis Foundation Spring Conference, Skokie, IL*

April 2008 **ROTATOR CUFF DISORDERS FOR PRIMARY CARE**  
*Lecturer, St. Francis Hospital, Evanston, IL*

April 2008 **SHOULDER PAIN IN THE WORKPLACE**  
*Lecturer, Work Comp Audience, Oak Brook, IL*

April 2008 **RUSH NORTH SHORE EMPLOYEE HEALTHFAIR**  
*Shoulder and Knee education, Skokie, IL*

March 2008 **PROXIMAL HUMERUS FRACTURES**  
*Lecturer, Skokie, IL*

March 2008 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR PHYSICAL THERAPISTS**  
*Lecturer, Athletico Physical Therapy, Glenview, IL*

February 2008 **ORTHOPAEDIC MANAGEMENT OF ROTATOR CUFF PATHOLOGY**  
*Lecturer, Jess Bulter Work Comp Conference, Rosemont, IL*

February 2008 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR PHYSICAL THERAPISTS**  
*Lecturer, ATI Physical Therapy, Morton Grove, IL*

February 2008 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR PHYSICAL THERAPISTS**  
*Lecturer, Accelerated Rehabilitation, Morton Grove, IL*

January 2008 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR SURGICAL STAFF**  
*Lecturer, Rush North Shore Medical Center, Skokie, IL*

December 2007 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR PHYSICAL THERAPISTS**  
*Lecturer, IBIJ Sports Special Interest Meeting, Morton Grove, IL*

December 2007 **ROTATOR CUFF AND ASSOCIATED DISORDERS FOR PHYSICAL THERAPISTS**  
*Lecturer, Rush North Shore Medical Center, Skokie, IL*

November 2007 **SHOULDER ARTHRITIS FOR PRIMARY CARE**  
*Lecturer, Rush North Shore Medical Center, Skokie, IL*

April 2006 **MANAGEMENT OF SHOULDER DYSFUNCTION FORUM**  
*Lecturer, Rehab Connections, Homer Glen, IL*

April 2006 **UPDATE IN SHOULDER DIAGNOSIS AND TREATMENT FOR PHYSICAL THERAPISTS.**  
*Lecturer, Edward Hospital, Naperville, IL*

September 2005 **MANAGEMENT OF SHOULDER DYSFUNCTION FORUM**  
*Lecturer, Rehab Connections, Homer Glen, IL*

June 2005 **UPDATE IN SHOULDER DIAGNOSIS AND TREATMENT FOR PHYSICAL THERAPISTS**  
*Lecturer, Edward Hospital, Naperville, IL*

May 2005 **ROTATOR CUFF TEAR FOR THE PRIMARY CARE PHYSICIAN**  
*Lecturer, Naperville Health Care Physician Group, Naperville, IL*

April 2005 **ARTHROSCOPIC MANAGEMENT OF COMPLEX SHOULDER DISORDERS**  
*Lecturer and Lab Instructor, Arthrex Midwest Lab Chicago*



2010 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 77<sup>th</sup> ANNUAL MEETING**  
*New Orleans, LA*

2009 **ADVANCED SHOULDER COURSE – AANA AT LEARNING CENTER**  
*Rosemont, IL*

2009 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 76<sup>th</sup> ANNUAL MEETING**  
*Las Vegas, NV*

2008 **AAOS KNEE INJURIES IN ATHLETES: GETTING PATIENTS BACK IN THE GAME**  
*Rosemont, IL*

2007 **9<sup>TH</sup> ANNUAL CHICAGO TRAUMA SYMPOSIUM**  
*Chicago, IL*

2007 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 74<sup>th</sup> ANNUAL MEETING**  
*San Diego, CA*

2006 **ARTHROSCOPY ASSOCIATION OF NORTH AMERICA FALL COURSE**  
*Palm Desert, CA*

2006 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 73<sup>RD</sup> ANNUAL MEETING**  
*Chicago, IL*

2004 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 71<sup>ST</sup> ANNUAL MEETING**  
*San Francisco, CA*

2003 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 70<sup>TH</sup> ANNUAL MEETING**  
*New Orleans, LA*

2002 **GLOBAL KNEE AND SHOULDER ARTHROSCOPY SYMPOSIUM**  
*OLC, Chicago, IL*

2002 **TOTAL HIP AND KNEE FORUM-RUSH CHICAGO LEARNING CENTER**  
*Chicago, IL*

2002 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 69<sup>TH</sup> ANNUAL MEETING.**  
*Dallas, TX*

2002 **MASTERS IN ORTHOPAEDIC CODING-AAOS/KAREN ZUPKO AND ASSOCIATES**  
*Chicago, IL*

2001 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 68<sup>TH</sup> ANNUAL MEETING**  
*San Francisco, CA*

2001 **ARTHROSCOPY ASSOCIATION OF NORTH AMERICA SPRING COURSE**  
*Seattle, WA*

2001 **LOYOLA UNIVERSITY ORTHOPAEDIC TRAUMA UPDATE 4<sup>TH</sup> ANNUAL**  
*Chicago, IL*

1999 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS 66<sup>TH</sup> ANNUAL MEETING**  
*Anaheim, CA*

1997 **ORTHOPAEDIC TRAUMA ASSOCIATION MEETING**  
*Louisville, KY*

## PUBLICATIONS

1. Andrews, W, Breslow, MJ: **Low Anterior-Inferior 5 o'clock Portal for Shoulder Arthroscopy.** Temple University Journal of Orthopaedic Surgery and Spine Medicine. 2006. Vol. I 23-28.
2. Breslow, MJ, Rosen J: **Cervical Spine Injuries in Football Players.** (In press).
3. Bernstein AD, Breslow, MJ, Distal **Biceps Tendon Ruptures: A Historic Perspective and Current Concepts.** AMJ Ortho. 2001: Vol. XXX: 193-200.
4. Breslow, MJ, Jazawi, L, Bernstein, AD, Kunner, FJ, Rokito, AS: **Treatment of Acromioclavicular Joint Separation: Suture or Suture Anchor?** Journal of Shoulder-Elbow Surgery. 2002. 11(3): 225-229.
5. Breslow, MJ, Kann, J, Bach, BR, Jr.: **Pectoralis Major Rupture.** In Fahey T (editor) Encyclopedia of Sports Medicine and Exercises Physiology.
6. Staren E, Breslow, MJ: **The Role of Re-Excision in Selecting Patients for Breast Conserving Surgery.** (Abstract presented at the Chicago Surgical Society Meeting).