

Lake Cook Orthopedics
27401 West Highway 22, Suite 125
Barrington, IL 60010
847-381-0388
www.lakecookortho.com

EMPLOYMENT:

Aug 2001- Present **Position: Orthopaedic Surgeon**
Subspecialty: Shoulder Surgery and Sports Medicine
Practice: Lake Cook Orthopedic Associates
Location: Barrington, Illinois

HOSPITAL POSITION:

2014-Present **Good Shepherd Hospital**
Location: Barrington, IL
Position: Chairman, Orthopedic Service Line

2010-2012 **Good Shepherd Hospital**
Location: Barrington, IL
Position: Chairman, Department of Surgery

2008-2010: **Good Shepherd Hospital**
Location: Barrington, IL
Position: Vice-Chairman, Department of Surgery

2001-Present **Good Shepherd Hospital**
Location: Barrington, IL
Position: Active Staff

EDUCATION:

Fellowship
2000-2001 **Shoulder Surgery and Sports Medicine**
University of New South Wales
St. George Hospital
Director: George Murrell, MD, PhD
Location: Kogarah/Sydney, Australia

Residency
1996-2000 **Orthopaedic Surgery**
Northwestern University Feinberg School of Medicine
Chairman: Michael Schafer, MD
Location: Chicago, Illinois

Internship
1995-1996 **Surgery**
Northwestern University Feinberg School of Medicine
Chairman: David Narwald, MD
Location: Chicago, Illinois

Post-Graduate
1991-1995
Degree: Doctor of Medicine
University of Florida, College of Medicine
Location: Gainesville, Florida
Honors: Alpha Omega Alpha, 1994
Class Rank: 4 / 120

Undergraduate
1987-1991
Degree: Bachelors of Science, Major: Zoology
University of Florida, College of Liberal Arts and Sciences
Location: Gainesville, Florida
Honors: Phi Beta Kappa, 1991

CERTIFICATION / EXAMINATION:

United States Medical Licensing Examination:

Step I: Passed, June 1993
Step II: Passed, September 1994
Step III: Passed, December 1996

The American Board of Orthopaedic Surgery:

Orthopaedic Board Certification:

Part I: Passed, July 2000
Part II: Passed, July 11, 2003
Re-Certification: Passed, 2012

Sports Medicine Subspecialty Certification:

Certified: January 2008
Re-Certification: Passed, 2012

INSTRUCTOR/FACULTY POSITIONS:

Arthroscopy Association of North America: Associate Master Instructor; Shoulder Arthroscopy

Midwestern University: Clinical Preceptor; Physician Assistant Program

CONSULTANT:

Mitek Surgical Products: Surgical technique/arthroscopy instructor (2001-2008)

Arthrex / Medwest Associates: Surgical technique/arthroscopy instructor (2001-2003)

TEAM COVERAGE:

Barrington High School: Team Orthopaedic Physician, 2001-present

Dundee Crown High School: Team Physician, 2001-2002

Lake Zurich High School: Team Orthopaedic Physician, 2002-present

SOCIETY/ORGANIZATION MEMBERSHIPS:

American Academy of Orthopaedic Surgeons

Arthroscopy Association of North America

American Orthopaedic Society of Sports Medicine:

Illinois Medical Society

Lake County Medical Society

REVIEWER:

British Journal of Sports Medicine

Journal of Orthopaedic Surgery and Research

RESEARCH EXPERIENCE:

Publications:

Cummins CA, Scarborough M, Enneking W: *Multicentric Giant Cell Tumor of Bone*. Clin Orthop, 322: 245-252, 1996.

Cummins CA, Anderson K, Bowen M, Nuber G, and Roth SI: *Anatomy and Histological Characteristics of the Spinoglenoid Ligament*. J Bone and Joint Surg, 80-A: 1622-1625, 1998.

Cummins CA, Anderson K, Nuber G, Messer T, Bowen M: *Suprascapular Nerve Entrapment at the Spinoglenoid Notch in a Professional Baseball Pitcher*. Am J Sports Med, 27: 810-812, 1999.

Cummins CA, Messer TM, Nuber GW: *Current Concepts Review: Suprascapular Nerve Entrapment*. J Bone Joint Surg, 82-A: 415-424, 2000.

Messer TM, Cummins CA, Ahn J, Kelikian AS: *Outcome of the Modified Brostrom Procedure for Chronic Lateral Ankle Instability Using Suture Anchors*. Foot Ankle Int, 21(12): 996-1003, 2000.

Cummins CA, Sabrina S, Appleyard R, Szomor Z, Marshall J, Murrell G: *Rotator Cuff Repair with Bio-Absorbable Screws: An In Vivo and Ex Vivo Investigation*. Arthroscopy. 19(3): 239-248, 2003.

Cummins CA, Murrell GAC: *Mode of Failure for Rotator Cuff Repair with Suture Anchors Identified at Revision Surgery*. J Shoulder Elbow Surg, 12: 128-33, 2003.

Mehta S, Cummins C, Milgram R: *Anterior Tibial Artery Impingement by a Distal Interlocking Screw: A Case Report*. The University of Pennsylvania Orthopaedic Journal. 16: 35-37, 2003.

Cummins CA, Messer TM, Schafer M: *Infraspinatus Muscle Atrophy in Major League Baseball Player*. Am J Sports Med. 32: 116-120, 2004.

Cummins CA, Appleyard RC, Strickland S, Haen P, Chen S, Murrell, G: *Rotator Cuff Repair: An Ex Vivo Analysis of Suture Anchor Repair Techniques on Initial Load to Failure*. Arthroscopy. 21 (10): 1236-41, 2005.

Cummins CA: ***Lateral Epicondylitis: In Vivo Assessment of Arthroscopic Debridement and Correlation With Patient Outcomes.*** Am J Sports Med. 34 (9): 1486-1491.

Cummins CA, Schneider DS: ***Peripheral Nerve Injuries in Baseball Players.*** Neurol Clin. 26: 195-215, 2008.

Cummins CA, Sasso L, Nicholson, D: ***Impingement Syndrome: Temporal Outcomes of Non-Operative Treatment.*** J Shoulder Elbow Surg, 18: 172-177, 2009.

Cummins CA, Schneider DS: ***Peripheral Nerve Injuries in Baseball Players.*** Phys Med Rehabil Clin N Am. 20(1): 175-193, 2009.

Abstracts (Presentations and Posters):

Scarborough M, Cummins CA, Enneking W: ***Multicentric Giant Cell Tumor of Bone.*** International Symposium on Limb Salvage. Podium and Poster Presentation. Florence, Italy, 1995

Cummins CA, Anderson K, Nuber G, Bowen M, Roth SI: ***Anatomy of the Spinoglenoid Ligament.*** Mid-America Orthopaedic Association, Seventeenth Annual Meeting. Podium and Poster Presentation. Bermuda, May 1999.

Messer T, Cummins C, Kelikian A: ***Modified Brostrom Procedure Using Implantable Suture Anchors for Chronic Lateral Ankle Instability.*** Mid-America Orthopaedic Association, Seventeenth Annual Meeting, Bermuda, May 1999; Podium Presentation.

Shapiro J, Cummins C, Shafer M: ***Radiation Exposure in Orthopaedic Residents.*** American Academy of Orthopaedic Surgery, Annual Meeting, Orlando, Florida, March 16, 2000; Podium Presentation.

Cummins CA, Messer T, Schafer M: ***Prevalence and Characteristics of Suprascapular Nerve Injury in Major League Baseball Players.*** Mid-America Orthopaedic Association, Eighteenth Annual Meeting, Scottsdale Arizona, April 2000; Podium Presentation.

Cummins CA, Messer T, Schafer M: ***Prevalence and Characteristics of Suprascapular Nerve Injury in Major League Baseball Players.*** American Academy of Orthopaedic Surgery, AOSSM Specialty Day, San Francisco, California, March 2001; Poster Presentation.

Cummins CA, Marshall J, Murrell, GAC: ***Rotator Cuff Repair with Sutureless Bio-Absorbable Soft Tissue Fixation Screws, A Note of Caution.*** AOSSM Annual Meeting, Keystone, Colorado, June 28-July 1, 2001; Poster Presentation.

Cummins CA, Murrell G: ***Mode of Failure for Rotator Cuff Repair: Intra-Operative Findings at Revision Surgery.*** American Academy of Orthopaedic Surgery, Annual Meeting, Dallas, Feb 13-17, 2002, Podium Presentation.

Cummins CA, Strickland S, Appleyard RC, Szomor ZL, Grant C, Murrell GAC: ***Rotator Cuff Repair: An Ex Vivo Mechanical Study Comparing Trans-Osseous Sutures, Suture Anchors and Bio-Absorbable Screws.*** Orthopaedic Reserch Society, Annual Meeting, Dallas, Feb 2002, Podium Presentation.

Cummins CA, Strickland S, Appleyard RC, Szomor ZL, Grant C, Murrell GAC: ***Rotator Cuff Repair: An Ex Vivo Mechanical Study Comparing Trans-Osseous Sutures, Suture Anchors and Bio-Absorbable Screws.*** American Shoulder and Elbow Surgeons, 3rd Biennial Meeting, April 2002, Orlando Florida.

Walton J, Cummins CA, Marshall J, Murrell GAC: ***Long Term Temporal Outcomes Following Rotator Cuff Repair.*** American Academy of Orthopaedic Surgery, Annual Meeting, 2004, San Francisco.

Cummins CA: ***Lateral Epicondylitis, In Vivo Assessment of Arthroscopic Debridement and Correlation with Patient Outcomes.*** AOSSM Annual Meeting, Keystone Colorado, July 14-July 17, 2005, Podium Presentation.

Cummins CA, Sasso L, Anderson D: ***Impingement Syndrome: Temporal Outcomes of Non-Operative Treatment.*** (1) AOSSM Annual Meeting, Calgary Canada, July 12-15, 2007, Poster Presentation. (2) AAOS Shoulder and Elbow Society Specialty Day, San Francisco CA, March 2008, Podium Presentation.