

# Hayley Charlton, PT, DPT, OCS

Physical Therapist



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## Profile

Hayley received her Doctorate of Physical Therapy from Washington University in St Louis in 2018. After completing her physical therapy degree, Hayley completed an orthopedic residency at James A Haley VA where she received her certification of Orthopedic Clinical Specialist. At the VA she worked with both retired and active military personnel within outpatient orthopedics, amputation and vestibular clinics. Since then Hayley has continued to work with a variety of orthopedic conditions with a focus in sports medicine. Her own athletic background as a Division 1 collegiate soccer player for the University of Wyoming has made her a great therapist and advocate for athletic populations.

Overall, Hayley has a passion for orthopedic conditions in persons of all ages and works to build a comprehensive treatment plan utilizing both manual and movement system techniques to return people to their active and healthy lifestyle.

## Education

- Doctor of Physical Therapy, Washington University in St Louis, 2018

## Certifications

- Orthopedic Clinical Specialist, 2020
- Dry needling 1 and 2
- ART Lvl 1