

Curriculum Vitae

Eric Lawrence Chehab, MD

Professional Title:

Senior Attending, Orthopedic Surgery, Northshore University HealthSystem
August 21, 2006 – present

Senior Clinician Educator, Pritzker School of Medicine
March 15, 2016 – present

Office:

Illinois Bone & Joint Institute, LLC
2401 Ravine Way, Suite 200
Glenview, IL 60025
(847) 998-5680
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Personal:

Date of Birth: 5/5/69
Place of Birth: Omaha, Nebraska
Citizenship: U. S.
Marital Status: Married

Education

Harvard University

Cambridge, MA
1987 - 1991 B.A. *magna cum laude* in Chemistry.

Stanford University School of Medicine

Stanford, CA
1995 - 2000 M.D. received June 2000.

University of California, San Francisco

San Francisco, CA
2000-2001 Internship: General Surgery

The Hospital for Special Surgery

Cornell University Medical Center

New York, NY
2001-2005 Residency: Orthopedic Surgery

The Hospital for Special Surgery

Cornell University Medical Center

New York, NY
2005-2006 Fellowship: Sports Medicine & Shoulder Surgery

Employment

Illinois Bone & Joint Institute, Glenview, IL.

Sports Medicine Division, General Orthopedics.

Hospital Affiliations: NorthShore University HealthSystem:

Evanston Hospital, Glenbrook Hospital

August 2006-present

Medical Licensure State of Illinois, 2006.

Board Certification Orthopedic Surgery, 2008.
Certificate of Added Qualification, Sports Medicine 2016.

Academic Appointments

University of Chicago, Pritzker School of Medicine, Chicago, IL.

Department of Orthopedic Surgery

Senior Clinician Educator. March 15, 2016 - present

Clinical Assistant Professor Jan 1, 2012 – July 1, 2015

Clinical Instructor July 1, 2009 – Dec 31, 2011

Northwestern University, Feinberg School of Medicine, Chicago, IL.

Department of Orthopedic Surgery

Instructor of Clinical Orthopedic Surgery

Sept 1, 2007- June 30, 2009

Northwestern University, Evanston, IL

Department of Athletics

Assistant Team Physician, 2007-2009.

Professional Society Memberships

2006 – Current	American Association of Orthopaedic Surgeons
2007 – Current	American Orthopaedic Society for Sports Medicine
2007 – Current	American Medical Association
2009 – Current	Thomas B. Quigley Sports Medicine Society

Awards, Honors & Distinctions

1987-1991	Harvard College Scholarship for Academic Achievement
1990-1991	Class of 1926 Scholar
1990	Captain, Harvard Rugby
1990-1991	Weissman Scholarship for Leadership & Sportsmanship
1991	Collegiate All-American , Rugby
1996-1997	Stanford Medical Student Resident Scholar
1998	President, Stanford Medical Students Association
1998	Excellence in Teaching – Stanford University
2003	Circle of Excellence – Hospital for Special Surgery
2004	Resident Research Travel Award – Eastern Orthopedic Association
2012	Charles S. Neer Award – American Shoulder & Elbow Society.
2016	Physician Leadership Award. Northshore Evanston Hospital.

Teaching Experience

Stanford University School of Medicine, Stanford, CA.

Teaching Assistant

Endocrine, Respiratory, Renal, CV and GI Physiology. 1996-98

Epidemiology and Biostatistics. 1996-98

Wilderness Medicine. 1997

Undergraduate Introductory Chemistry. 1996-97.

Post-Graduate Courses CME (Faculty)

Hospital for Special Surgery, New York, NY

Course Title: Sports Medicine Rehabilitation

Assistant Faculty

October 2005.

Arthroscopy Association of North America

Shoulder: Basic to Advanced

Associate Master Instructor

August 10-12, 2007

Arthroscopy Association of North America

Resident Course: Fundamentals in Arthroscopy

Associate Master Instructor

January 24-27, 2008

Arthroscopy Association of North America

Knee: New Horizons-Advances in Knee Surgery (Ligament Focus)

Associate Master Instructor

March 28-30, 2008

American Academy of Orthopedic Surgery
Knee Injuries in Athletes: Getting Patients Back in the Game
Associate Faculty
April 3-5, 2008

Arthroscopy Association of North America
Knee: Ligament Surgery
Associate Master Instructor
April 16-18, 2010

Arthroscopy Association of North America
Resident Course: Fundamentals in Arthroscopy
Associate Master Instructor
January 20-23, 2011

Arthroscopy Association of North America
Resident Course: Fundamentals in Arthroscopy
Associate Master Instructor
January 12-15, 2012

Teaching Experience (Prior to Medical Training)

Harvard University, Cambridge, MA.
Teaching Assistant, Undergraduate, Extension, and Summer School Chemistry courses.
1990-92.

Derek Bok Center for Teaching & Learning, Cambridge, MA.
Consulted & appeared in *Thinking Together: Collaborative Learning in Science*. 1991-92.

American School of Milan, Milan, Italy.
Teacher, high school chemistry, 8th grade science. Basketball/soccer coach. 1992-93.

St. Albans School, Washington, DC.
Teacher, Advanced Placement chemistry & physics. Lacrosse Coach. 1993-94

American College of Sofia, Sofia, Bulgaria.
Teacher, high school organic & inorganic chemistry. Basketball coach. 1994-95.

Research

Stanford University School of Medicine. Department of Health Research & Policy.

Sponsor: Laurence Baker, PhD

Title: The Effect of Medical Student Indebtedness on Career Choices.

Funding: Stanford Medical Student Resident Scholars Program. \$5,000

1997-98

Stanford University School of Medicine. Center of Biomedical Ethics.

Sponsor: Thomas Raffin, MD

Title: The Impact of Practice Setting On Physician Perceptions of the Quality of Practice and Patient Care In The Managed Care Era.

Funding: Stanford Center of Biomedical Ethics; San Mateo County Medical Society.

\$5,000

1997-1999.

Hospital for Special Surgery. Motion Analysis Laboratory.

Sponsor: David Altchek, MD

Title: The Posterolateral Rotatory Drawer Test of the Elbow

Funding: Institute for Sports Medicine Research. \$5,000

2004-2005.

Hospital for Special Surgery, Sports Medicine & Shoulder Service.

Sponsors: Russell Warren, MD; David Altchek, MD.

Title: ACL Reconstruction with Achilles Tendon Allograft

Funding: Institute for Sports Medicine Research. \$17,000

2004-2006

Hospital for Special Surgery. Motion Analysis Laboratory.

Sponsor: Frank Cordasco, MD

Title: EMG Patterns of Shoulder Motions in Patients with Massive Rotator Cuff Tears Pre and Post Anterior Deltoid Muscle Rehabilitation

Funding: Institute for Sports Medicine Research. \$10,000

2005-2006.

Northshore University Healthsystem, Department of Anesthesia

Sponsor: Glenn Murphy, MD

Title: Cerebral Oxygenation in the Beachchair Position

2012.

Publications

Original, Peer Reviewed Research Articles

Chehab EL, Panicker N, Alper PR, Baker LC, Wilson SR, Raffin TA. The impact of practice setting on physician perceptions of the quality of practice and patient care in the managed care era. Arch Intern Med. 2001; 161(2): 202-11.

Pearle AD, Kelly BT, Voos JE, Chehab EL, Warren RF. Surgical technique and anatomic study of latissimus dorsi and teres major transfers. J Bone Joint Surg Am. 2006 Jul;88(7):1524-31.

Pearle AD, Voos JE, Kelly BT, Chehab EL, Warren RF. Surgical technique and anatomic study of latissimus dorsi and teres major transfers. Surgical technique. J Bone Joint Surg Am. 2007 Sep; 89 Suppl 2 Pt.2:284-96.

Brophy RH, Chehab EL, Barnes RP, Lyman S, Rodeo SA, Warren RF. Predictive value of orthopedic evaluation and injury history at the NFL combine. Med Sci Sports Exerc. 2008 Aug;40(8):1368-72.

Brophy RH, Lyman S, Chehab EL, Barnes RP, Rodeo SA, Warren RF. Predictive value of prior injury on career in professional American football is affected by player position. Am J Sports Med. 2009 Apr;37(4):768-75.

Paxton ES, Moorman CT, Chehab EL, Barnes RP, Warren RF, Brophy RH. Effect of hyperconcavity of the lumbar vertebral endplates on the playing careers of professional american football linemen. Am J Sports Med. 2010 Nov;38(11):2255-8.

Backus SI, Tomlinson DP, Vanadurongwan B, Lenhoff MW, Cordasco FA, Chehab EL, Adler RS, Henn RF, Hillstrom HJ. A Spectral Analysis of Rotator Cuff Musculature Electromyographic Activity: Surface and Indwelling. HSS Journal. 2011 Feb;7(1):21-28.

Chehab EL, Flik KR, Vidal AF, Levinson M, Gallo RA, Altchek DW, Warren RF. Anterior Cruciate Ligament Reconstruction Using Achilles Tendon Allograft: Assessment of Outcome for Patients Age 30 Years and Older. HSS Journal. 2011 Feb;7(1):44-51.

Koh JL, Levin SD, Chehab EL, Murphy GS. Neer Award 2012: Cerebral Oxygenation in the Beach Chair Position: A Prospective Study on the Effect of General Anesthesia Compared with Regional Anesthesia and Sedation. JSES. 2013 Oct; 22 (10):1325-31.

Book Chapters

Chehab EL, Fealy S. Aseptic Loosening in Total Shoulder Arthroplasty. In Total Shoulder Surgery. Editors Fealy S, Warren RF, Craig EV, Sperling JW. Thieme. New York. 2008

Reviews

Chehab EL, Toro JB, Helfet DL. The management of fractures of the elbow joint in athletes. *International SportsMed Journal*. 2005; 6(2): 84-98. www.ismj.com

Case Reports

Borens O, Chehab EL, Roberts MM, Helfet DL, Levine DS. Bilateral Galeazzi fracture-dislocations. *Am J Orthop*. 2006 Aug;35(8):369-72

Chehab EL, Pearle AD, Cordasco FA. Exposed shoulder hemiarthroplasty as a result of anterosuperior escape: a case report. *J Shoulder Elbow Surg*. 2006 Nov-Dec; 15(6):e27-30.

Video

Thinking Together: Collaborative Learning in Science. Derek Bok Center for Teaching & Learning. 1992.

Presentations

Podium Presentations

Chehab EL, Flik KR, Vidal AF, Levinson M, Altchek DW, Warren RF. Anterior Cruciate Ligament Reconstruction with Achilles Tendon Allograft in Patients 35 Years and Older. Eastern Orthopedic Association Annual Meeting. San Juan, Puerto Rico. October 16, 2004.

Willis AA, Chehab EL, Pansy B, Lenhoff MW, Backus SI, O'Driscoll SW, Altchek DW. The Posterolateral Rotatory Drawer Test of the Elbow: A Clinical and Cadaveric Study. AOSSM Annual Meeting. Keystone, CO. July 17, 2005.

Chehab EL, Pearle AD, Lamikanra Y, Altchek DW, Warren RF, Cordasco FA, Allen AA. Prospective Evaluation of Arthroscopic Bankart Repairs: Minimum 2 year follow-up. West Point Sports Medicine Society Annual Meeting. West Point, NY. May 12, 2006.

Poster Presentations

Chehab EL, Baker LC. Medical Student Indebtedness and Its Effect on Career Choices. 15th Annual Stanford Medical Student Research Symposium. 1998.

Willis AA, Chehab EL, Pansy B, Lenhoff MW, Backus SI, O'Driscoll SW, Altchek DW. The Posterolateral Rotatory Drawer Test of the Elbow: A Clinical and Cadaveric Study. ASSH Annual Meeting. San Antonio, TX. September 22-24, 2005.

Media Presentations

Chehab, EL. Latissimus Dorsi Injury. Monsters and Money in the Morning. CBS News. Chicago, IL. July 14, 2010.

Chehab, EL. Concussions. Behind the Schemes. Big Ten Network. Chicago, IL. November 4, 2010.

Hailey, Barb. Role Reversal: High School Athletic Trainer Overcomes Injury with Help from NorthShore Orthopaedic Surgeon. NorthShore Connections Magazine. Winter 2012.

Chehab EL. Eye on Illinois with Host Jim Anderson. Sports Medicine and the Olympics. Illinois Radio Network. Chicago IL. July 25, 2012.

Chehab, EL. Youth Sports and Injury Risk. Fox32 Chicago. Chicago, IL. September 10, 2013.

Chehab, EL. Youth Sports and Injuries. Steve Cochran Show. WGN720 Chicago. September 12, 2013.

Chehab, EL. Why You Shouldn't Play One Sport Year Round. NBC News 5 Chicago. September 28, 2013.

Chehab, EL. Meniscus Injuries. WGN720 Chicago. November 25, 2013.

Chehab, EL. Are ACL Injuries More Common in Women? RadioMD. March 24, 2014.

Chehab, EL. It's Winter Outside. Take Your Work Outside. Chicago Health Online. February 9, 2015.

Chehab, EL. Derrick Rose to Undergo Third Knee Surgery. Comcast SportsNet. February 25, 2015.

Smith, Daniel. Victory Lap: Orthopedic Care Leads to Stunning Comeback. NorthShore Connections. Spring 2017.

Chehab, EL. ACL Injury: Treatment and Prevention. RadioMD. September 12, 2017

Chehab, EL. IBIJ Medical Minute – OrthoHealth. WBBM Chicago. January 17, 2018.

Chehab, EL. The Drive with Peter Attia, Episode #36 – Extending Healthspan and Preserving Quality of Life. September 19, 2018.

Chehab, EL. EcoGym Podcast – Sports Medicine. Glenview, IL. November 7, 2018.

Teaching Presentations

Chehab EL. Leg-Length Discrepancy in Children. Pediatric Orthopedic Service Rounds. Hospital for Special Surgery. January 8, 2003.

Chehab EL. Lyden JP. Post-Op Cardiac Arrest Following Hemiarthroplasty for Femoral Neck Fracture. Morbidity and Mortality Conference. Hospital for Special Surgery. October 3, 2003.

Chehab EL. Basic Science Review: Degenerative Disc Disease, Nerve Root Compression, and Spine Fusion. Spine Service Rounds. Hospital for Special Surgery. June 3, 2004.

Chehab, EL. Buly, RL. Acute Cerebral Vascular Accident Following Total Knee Arthroplasty. Morbidity and Mortality Conference. Hospital for Special Surgery. June 18, 2004.

Chehab EL. Idiopathic Scoliosis. Pediatric Orthopedics Service Rounds. Hospital for Special Surgery. November 3, 2004.

Chehab EL, Windsor RE. Acute Alcohol Withdrawal in a Post Operative Total Knee Patient. Morbidity and Mortality Conference. Hospital for Special Surgery. February 4, 2005.

Chehab EL. Management of the Pediatric Polytrauma Patient. Trauma Service Combined Grand Rounds. New York Hospital - Weill Cornell Medical College. May 31, 2005.

Chehab EL. Ranawat AS. Buly RL. Heparin Induced Thrombocytopenia / Thrombosis and Warfarin Induced Skin Necrosis after Total Knee Arthroplasty. Morbidity and Mortality Conference. Hospital for Special Surgery. June 3, 2005.

Chehab EL. Craig EV. Massive Rotator Cuff Tears in the Elderly. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. September 15, 2005.

Chehab EL. Kelly BT. Hip Arthroscopy: Indications and Options. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. October 27, 2005.

Chehab EL. Coleman SH. Osteoarthritis in the Middle Aged Knee. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. December 22, 2005.

Chehab EL. Kelly A. Allograft vs. Autograft Primary ACL Reconstruction. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. February 16, 2006.

Chehab EL. MacGillivray JD. Tibial Eminence Fractures. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. March 30, 2006.

Chehab EL. Rose HA. Intra-Operative Complications of Bone-Tendon-Bone Autograft ACL Reconstruction: Literature Review. Sports Medicine & Shoulder Service Rounds. Hospital for Special Surgery. July 20, 2006.

Chehab EL. Future Directions in Sports Medicine. ENH Medical Group. Skokie IL. September 12, 2006.

Chehab EL. Allograft Reconstruction of the ACL. Orthopedic Nurses Association Meeting. Glenview IL. October 26, 2006.

Chehab, EL. Meniscus Repairs. Arthroscopy Correlations Conference. Evanston Hospital. Evanston, IL. October 27, 2007.

Chehab, EL. Surgical Management of Patellofemoral Disorders. Illinois Bone & Joint Institute Physical Therapy Seminar. February 22, 2008.

Chehab, EL. Autologous Chondrocyte Implantation. AAOS CME Course: Knee Injuries in Athletes. Rosemont, IL. April 4, 2008.

Chehab, EL. Plating Principles and Functions. AO North America Nurses Training Course. Schaumburg, Illinois. April 25, 2008.

Chehab, EL. Patella Disorders. Arthroscopy Correlations Conference.. Evanston Hospital. Evanston, IL. December 11, 2008.

Chehab, EL. Prevention and Treatment of Shoulder Injuries. Glenview Terrace. Glenview, IL. September 30, 2009.

Chehab, EL. Acute Knee Injuries: Diagnosis and Treatment. Arthroscopy Correlations Conference. Evanston Hospital. Evanston, IL. December 23, 2009.

Chehab, EL. SLAP Tears. Sports Medicine Conference. Central Suburban League Athletic Trainers Association. Winnetka, Illinois. January 20, 2010.

Chehab, EL. Femoral Nerve Block: Case Presentation. Thomas B. Quigley Sports Medicine Society Annual Meeting. San Diego, CA. January 22, 2010.

Chehab, EL. SLAP Tears. Athletico. Deerfield, Illinois. April 8, 2010.

Chehab, EL. Acute Knee Injuries: Diagnosis and Treatment. Arthroscopy Correlations Conference. Evanston Hospital. Evanston, IL. December 22, 2010.

Chehab, EL. Patella Dislocations. Arthroscopy Correlations Conference. Evanston Hospital. Evanston, IL. June 1, 2011.

Chehab, EL. ACL Reconstruction: Pearls for Practice. University of Chicago Pritzker School of Medicine. Orthopedics Grand Rounds. Chicago, IL. June 8, 2011.

Chehab EL. Meniscal Repair. Arthroscopy Correlations Conference. Evanston, IL. Dec 21, 2011.

Chehab EL. Patella Instability. Orthopedic Subspecialty Conference- Sports Medicine. June 15, 2012.

Chehab, EL. Graft Selection in ACL Reconstruction. Athletico. Deerfield, IL. February 28, 2013.

Chehab EL. ACL injuries. Arthroscopy Correlations Conference. Evanston, IL. Sept 4, 2013.

Chehab, EL. Management of Common Work-Related Knee Injuries. Rosemont IL. May 19, 2014

Chehab, EL. Common Knee Injuries – ACL, Patella, Meniscus. Arthroscopy Correlations Conference. Evanston IL. August 20, 2014.

Chehab EL. ACL Prevention Programs. Team Evanston Soccer Club. Evanston, IL. October 29, 2014.

Chehab, EL. Injury Prevention in Throwing Athletes. Bannockburn, IL. February 22, 2015.

Chehab, EL. Knee Injuries in Athletes. 1st Annual IBJI Primary Care Orthopedic Seminar. Northbrook, IL. March 6, 2015.

Chehab, EL. Patella Instability and ACL injuries. Arthroscopy Correlations Conference. Evanston IL. July 22, 2015.

Chehab, EL. Events and Ethics. Moderator. NorthShore University HealthSystem. Evanston IL. October 14, 2015.

Chehab, EL. Harvard Club of Chicago Sports. Youth Sports Injury Epidemic. Evanston, IL. January 14, 2016.

Chehab, EL. Knee Injuries in Athletes. 2nd Annual IBJI Primary Care Orthopedic Seminar. Northbrook, IL. February 17, 2016.

Chehab, EL. Introduction to OrthoHealth. Active Design Summit. Glencoe, IL. October 4, 2016

Chehab, EL. Anterior Shoulder Instability. Athletico University. Evanston, IL. October 8, 2016.

Chehab, EL. ACL Injuries. Northshore University HealthSystem Online Chat. Evanston, IL. June 12, 2017.

Chehab, EL. Together We Tri. The Swimmer's Shoulder. Glenview, IL. June 20, 2017

Chehab, EL. What is the Impact of BMI on Workplace Injuries? IBJI Worker's Compensation Seminar. Des Plaines, IL. September 13, 2017.

Chehab EL. Musculoskeletal Imaging for the Primary Care Physician. NorthShore University HealthSystem Department of Medicine Grand Rounds. Evanston, IL. September 29, 2017.

Chehab, EL. Why Weight Matters in Workplace Injuries. Illinois Chamber of Commerce. Lisle, IL. October 25, 2017.

Chehab, EL. Events and Ethics, Moderator. NorthShore University HealthSystem – Department of Orthopedics. Evanston, IL January 10, 2018.

Chehab, EL. Workplace Injuries: Why Weight Matters. CorVel Corporation. Downers Grove, IL. February 27, 2018.

Chehab, EL. Current Concepts in Weight Management for the Orthopedic Patient. Thomas B Quigley Society Annual Meeting. Miami, FL. April 20, 2018.

Chehab, EL. Alternative Choices for Managing Joint Pain. Weinberg Community Center. Deerfield, IL. May 2, 2018.

Chehab, EL. Shoulder Injuries. Eleven United/Chicago Fire Soccer Club. Evanston, IL. May 17, 2018.

Chehab, EL. Alternate Choices for Managing Joint Pain. Glenview Terrace. Glenview, IL. July 26, 2018.

Chehab, EL. The Meniscus. Athletico University, Evanston, IL. November 6, 2018.

Chehab, EL. Applying the Principles of OrthoHealth to Athletic Performance. Illinois Bone & Joint Institute Rehabilitation. Highland Park, IL. November 17, 2018.

Chehab, EL. Sustainable Changes That Lead to A Better Quality of Life. Wilmette Park District Community Recreation Center. Wilmette, IL. January 16, 2019.

Chehab, EL. Sleep to Win. Eat to Win. Evanston Soccer Club. Levy Senior Center. Evanston, IL. April 18, 2019.

Chehab, EL. Medical Marijuana. Thomas B Quigley Society Annual Meeting. Sedona, AZ. April 27, 2019.

Chehab, EL. Learn How Nutrition, Stress, Movement and Sleep Management Can Help You Move Better and Live Better. Main Library. Evanston, IL. May 29, 2019.

Chehab, EL. Medical Marijuana. IJBI Glenview Physical & Occupational Therapy. Glenview, IL. June 19, 2019.

Chehab, EL. Learn How Movement, Nutrition, Stress and Sleep Management Can Help You to Move Better and Live Better. Glenview Terrace. Glenview, IL. July 17, 2019.

Chehab, EL. Together We Tri. Meet and Greet. Glenview, IL. July 23, 2019.

Chehab, EL. Medical Marijuana. University of Chicago. Chicago, IL. October 2, 2019.

Chehab, EL. Medical Marijuana. IJBI Rehabilitation Managers. Glenview, IL. October 10, 2019.

Chehab, EL. A Busy Person's Guide to Life's Challenges. Evanston Woman Magazine. Evanston, IL. November 2, 2019.

Chehab, EL. The Meniscus. Orthopedic Subspecialty Conference – Sports Medicine. Evanston, IL. November 5, 2019.

Chehab, EL. Medical Marijuana – What the Musculoskeletal Practitioner Needs to Know. Athletico University. Evanston, IL. November 5, 2019.

Chehab, EL. Shoulder Positioning/Portals/Diagnostic Arthroscopy. Orthopedic Subspecialty Conference – Sports Medicine. Evanston, IL. November 11, 2019.

Chehab, EL. Why Weight Matters. Lunch and Learn at Nyha, Bambrick, Kenzie & Lowry. Chicago, IL. November 13, 2019.

Chehab, EL. OrthoHealth For Athletes. 2019 IATA Annual Meeting & Clinical Symposium. Naperville, IL. November 17, 2019.

Chehab, EL. Cadaver Lab: Shoulder. Evanston, IL. December 2, 2019.