

# Jimmy Cravens, PT, DPT, CSCS

Physical Therapist



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## Profile

Jimmy re-joined IBJI in September 2021 as a Physical Therapist after working as a rehabilitation technician from 2016-2018 at the Glenview location. Born and raised in Chicago, IL, he earned his Bachelor's degree in Kinesiology at the University of Illinois Urbana - Champaign. After undergraduate studies he moved back home and pursued his doctorate degree in Physical Therapy at Rosalind Franklin University where he graduated in May 2021.

Jimmy has worked with persons spanning across the continuum of physical therapy care from inpatient acute care to higher level return to sport training. Jimmy really focuses on educating, motivating, and providing withstanding tools to those he works with so that they can achieve their goals and move forward during/from physical therapy with confidence.

He is passionate about promoting health + wellness and enjoys cross-training, outdoor activities like skiing in winter months, and spending quality time with friends and family.

## Education

- Bachelors in Kinesiology, University of Illinois Urbana - Champaign
- Doctorate in Physical Therapy, Rosalind Franklin University

## Certification

- Certified Strength and Conditioning Specialist