

Annette Egel, PT, MPT, COMT

Physical Therapist | Regional Manager



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Profile

Annette Egel, PT, MPT, COMT, has been practicing in out-patient orthopedics since 2005. Originally from Plymouth, MN, Annette moved to Chicago and works out of the Morton Grove facility with oversight of multiple rehabilitation facilities in IBJI.

She enjoys treating a wide variety of diagnoses and is dedicated to using the most effective and appropriate treatments to improve function. Annette has done further training with the Ola Grimsby Institute for manual therapy and is knowledgeable in multiple treatment options to individualize care. She was introduced to the physical therapy practice at a young age through her own orthopedic injuries and continues to enjoy treating sports related issues. With her area of interest focusing on the cervical spine, shoulder complex, mid back / ribs, and pelvis she has also grown a practice in treating people with overuse injuries and postural deficits.

Personally, she enjoys spending time traveling and exploring different cities, winter sports (ice hockey, skiing), and being with family and friends.

Education

- BS, Health Sciences, Bradley University May 2003
- Masters in Physical Therapy, Bradley University July 2005
- Certified Orthopedic Manual Therapist, Ola Grimsby Institute Nov 2016

Specialties

- Cervical spine
- Shoulder complex
- Postural deficits
- Hip / pelvis
- Manual Therapy