

Lauren Gruber, PT, DPT

Physical Therapist



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Profile

Lauren Gruber, PT, DPT has been practicing in orthopedics since graduating from Rosalind Franklin University in 2011. She has been with Illinois Bone & Joint since 2013 and works at the Lindenhurst branch.

Lauren treats a wide variety of diagnoses and enjoys working alongside her patients to establish the most effective care plan in order to improve their function. Lauren sees patients of all ages but especially enjoys treating the pediatric orthopedic population and had experience with pediatric clinical work while attending school. Lauren enjoys incorporating a variety of treatment styles into her work, including the use of yoga and pilates to improve flexibility and strength.

Outside of work, Lauren enjoys spending time with her family, reading, exercising, and cooking.

Education

- BS, Kinesiology, University of Illinois Urbana-Champaign
- Doctorate of Physical Therapy, Rosalind Franklin University