

Natalie Howard, PT, DPT

Physical Therapist



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Profile

Natalie Howard PT, DPT has been working in outpatient orthopedics since 2012, after graduating from the Doctor of Physical Therapy program at Azusa Pacific University. Natalie grew up in the northwest suburbs and is now returning to the area to practice at the Crystal Lake location.

Natalie is excited to be working within the integrative care model that IBJI provides to allow for a more comprehensive care plan with the physicians. As a former collegiate volleyball player she enjoys treating athletes of all ages and talent levels. She has a special interest in working with strength athletes where she can utilize her knowledge in movement analysis to begin to correct movement dysfunction and restore proper body positions.

In her free time, Natalie loves to be spending time with friends and family. She also enjoys working and training her family's horses and spending time in the gym working toward her own fitness goals.

Education

- BS, Health, Wellness and Recreation, University of Dubuque
- DPT, Physical Therapy, Azusa Pacific University