

Agnes Kowalska, PT, DPT, CMTPT

Physical Therapist



1450 Busch Parkway, Suite 115A
Buffalo Grove, IL 60089

T (224) 676-7960
F (224) 676-7994
akowalska@ibji.com

Profile

Agnes Kowalska, PT, DPT has been with Illinois Bone & Joint Institute since 2016 and is currently the Facility Manager at the Buffalo Grove clinic.

Agnes enjoys treating a wide variety of orthopedic diagnoses and believes in using individualized interventions to facilitate a full recovery. Agnes utilizes various hands-on techniques to decrease pain and improve function, some of which include: joint/soft tissue mobilization and dry needling. Additionally, Agnes is actively involved in lower extremity compression wrapping for post-surgical management, performing blood lactate testing, and treats patients participating in both the OrthoHealth and OrthoSync program.

While growing up, Agnes had the opportunity to participate a wide variety of activities, including: soccer, cross country, and martial arts. Her experience and involvement in a wide range of disciplines has sparked her interest in rehabilitative medicine and fuels her passion for continued growth and learning as a clinician.

Education

- BS, Exercise Science, Carroll University
- Doctorate in Physical Therapy, Carroll University