

Serina Lodhia, PT, DPT

Physical Therapist



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Profile

Serina is a graduate of Carroll University's Doctor of Physical Therapy Program. She started her education at IBJI in Glenview as a student on her third clinical rotation and has started her career with the Gurnee Team.

Serina is passionate about helping patients gain their independence so that they can continue doing activities they enjoy. She strives to create trustful relationships with her patients in order to help empower their participation in therapy. She applies a growth mindset to each patient and enjoys the opportunity to learn from experiences both in and out of the clinic.

In her free time, Serina enjoys being active at the gym, playing volleyball, hiking, or horseback riding. She is very passionate about traveling and experiencing different cultures as she has family that lives around the world. When at home, she is usually spending her time with family or friends and soaking in the sun (because we don't get much heat here in Illinois).

Education

- Doctor of Physical Therapy, Carroll University