

# Thomas McCormack, PT, FAFS, CAFS

Physical Therapist



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## Profile

Thomas McCormack completed his B.S. degree in Physical Therapy at Rosalind Franklin University of Health and Sciences, The Chicago Medical School in (1987). In the early 1990's he did course work through Michigan State University School of Osteopathic Medicine. He also completed a B.A. at Aurora University. He is a Gift fellow from The Gray Institute in Applied Functional Science and advanced certification in Functional Manual Reaction (2008). He returned to the Gray Institute to become certified in Applied Functional Science (2014). He has been an instructor for Gray Institute Female Chain Reaction course, assistant for When the Foot Hits the Ground, and assisted with Synapse Spinal and Cranial Sacral courses. Tom is also certified in PRRT (Primal Reflex Release Techniques), pain and muscle tension releases. He adds 28 years as a sports medicine PT and joined team IBJI Morton Grove 7 years ago. He became certified in Graston fascial release (2010).

Areas of expertise include biomechanics evaluation in multiple sports (running, pitching, swimming and golf). He performs video analysis to assist in my biomechanics assessments. He is certified in Functional Manual Reaction. He has attended multiple Gary Gray courses of functional rehabilitation and has been involved in implementing children's fitness programming in area schools. He performs Phase IV Return to Sport Testing. He has an advanced background in manual therapy, such as, Fascial Release, Visceral manipulation, Muscle Energy Release, Cranial Sacral Release, PRRT, Graston Fascial Release, and FMR. He has been casting for and making Orthotics for 27 years. In his spare time, he is a Battalion Chief for the Chicago Fire Department.

## Education

- BS, Physical Education, Minor in Business, Aurora, University
- BS, Physical Therapy, Rosalind Franklin University of Health and Science, Chicago Medical School
- Fellowship in Applied Functional Science, Gray Institute

## Certifications

- Certified in Applied Functional Science
- Certified in Functional Manual Reaction
- Certified in Graston Soft Tissue mobility
- Cranial Sacral Release and Visceral Manipulation
- Primal Reflex Release Level 1 and 2
- Orthotic Fabrication