

# Ann Phelps, PT, DPT, OCS

Physical Therapist



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## Profile

Ann Phelps, PT, DPT, OCS, has been practicing in orthopedics since 2007. Originally from East Lansing, MI, Ann moved to Chicago in Aug 2006 and works at the Des Plaines location of Illinois Bone & Joint Institute.

Ann enjoys treating orthopedic patients with a variety of diagnoses. Ann has completed an orthopedic residency program and was educated on up to date research for diagnoses and treatments. Ann also enjoys treating the athletic population and specializes in the treatment of runners. Ann has attended many classes on different running techniques and treatment of different running injuries. Ann also uses software for assessment of gait to assist with returning the athlete to running and for any gait modification if needed.

Ann enjoys running and working out as well as spending time with her family. Ann also continues to be a big supporter of Michigan sports teams as well as the Cubs.

## Education

- BS, Health Fitness, Central Michigan University
- Doctorate in Physical Therapy, Central Michigan University
- Orthopedic Residency, Evidence in Motion

## Certifications

- APTA Specialist Certification in Orthopedics