

**Curriculum Vitae**  
**Gregory H. Portland, M.D.**

**Work Address:**

Illinois Bone and Joint Institute  
2401 Ravine Way  
Glenview, IL 60025  
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**Employment**

2001 - Present	Orthopaedic Surgeon Illinois Bone and Joint Institute 2401 Ravine Way Glenview, IL 60025
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**Hospital Appointments**

2001 - Present	Northshore University Healthcare System Evanston Hospital 2650 Ridge Avenue Evanston, IL 60201
2001 - Present	Glenbrook Hospital 2100 Pfingsten Road Glenview, IL 60025
2003 - Present	Rush North Shore Hospital/Skokie Hospital 9600 Gross Point Road Skokie, IL 60076
2006 - Present	Ravine Way Surgery Center 2350 Ravine Way Glenview, IL 60025

## **FACULTY APPOINTMENTS**

- 2017 – Present Northshore Professional Office Staff  
Treasurer
- 2012 – Present Pritzker School of Medicine  
Senior Clinician Educator  
Department of Orthopaedic Surgery  
5801 South Ellis Avenue  
Chicago, IL 60637-1546
- 2009-2011 Pritzker School of Medicine  
Clinical Instructor  
Department of Orthopaedic Surgery  
5801 South Ellis Avenue  
Chicago, IL 60637-1546
- 2005 - 2009 Northwestern University Feinberg School of Medicine  
Instructor, Clinical  
Department of Orthopaedic Surgery  
645 North Michigan Avenue  
Suite 910  
Chicago, IL 60611

## **Education**

- 2000-2001 Research Fellow in Orthopaedic Sports Surgery  
SPORTSMED.SA and the University of Adelaide Department of  
Orthopaedics and Trauma at the Royal Adelaide Hospital  
Adelaide, Australia
- 1995-2000 Orthopaedic Surgery Resident, June, 2000  
Northwestern Memorial Hospital/McGaw Medical Center  
Chicago, Illinois
- 1991-1995 Doctor of Medicine, May 1995  
University of Virginia School of Medicine  
Charlottesville, Virginia
- 1987-1991 Bachelor of Arts, June 1991  
Dartmouth College  
Major: Chinese Language and Culture  
Hanover, New Hampshire

## **Achievements**

- 2014 – Recertified for Boards and Certificate of Added Qualification (CAQ) in Sports

Medicine by American Board of Orthopaedic Surgeon

- 2008—Received Certificate of Added Qualification (CAQ) in Sports Medicine by American Board of Orthopaedic Surgeon
- 2004—Became Board Certified by American Board of Orthopaedic Surgery
- 1994—Augustine Todd Scholarship winner, from the Society of the Cincinnati in the State of Virginia
- 1991—Graduated from Dartmouth College *Magna cum laude*, *Phi Beta Kappa*, and with honors in major for thesis paper on "The Legitimization of the Ch'in Dynasty"
- 1987—Gannett Newspaper Carrier Scholarship winner
- 1986—Eagle Scout

### Research Presentations

"A Retrospective Analysis of the Mangled Extremity Severity Score for Severe Fractures of the Tibia." G. Portland, M.D.; D. Kahler, M.D.; and W. Huff, M.D. Presented at Virginia Orthopaedic Conference in May, 1994.

"In Vivo Determination of Stiffness, Viscosity, and Upper Limb Inertia About the Glenohumeral Abduction Axis." L. Zhang, Ph.D.; G. Nuber, M.D.; G. Portland, M.D.; G. Wang, M.S.; J. Ahmad, B.S.; and K. Chunduri, B.S. Presented at the Orthopaedic Research Society's Annual Meeting, March, 1998.

"Mechanical Actions of Individual Shoulder Muscles." L. Zhang, Ph.D.; G. Nuber, M.D.; G. Portland, M.D.; G. Wang, M.S.; J. Ahmad, B.S.; K. Chunduri, B.S.; and T. Nishida, M.D. Presented at the Orthopaedic Research Society's Annual Meeting, March, 1998.

"In Vivo 3D Patellar Tracking Induced by the Quadriceps Components." G. Wang, M.S.; L. Zhang, Ph.D.; R. Hendrix, M.D.; G. Portland, M.D.; G. Nuber, M.D.; and J. Press, M.D. Presented at the Third North American Congress on Biomechanics, August, 1998.

"Comparison of Three Surgical Methods for Treatment of Posterior Tibial Tendon Insufficiency." G. Portland, M.D. and A. Kelikian, M.D. Presented at the American Orthopaedic Foot and Ankle Society's Annual Meeting, February, 1999. Presented at the Mid-America Orthopaedic Association Annual Meeting, April, 1999. Submitted for publication.

"Acute Surgical Management of Jones' Fractures." G. Portland, M.D., S. Kodros, M.D., and A. Kelikian, M.D. Presented at the American Orthopaedic Foot and Ankle Society's Annual Meeting, March, 2000. Presented at the Mid-America Orthopaedic Association Annual Meeting, April, 2000. Presented at the Australian Orthopaedic Association South Australia Meeting, September, 1999.

"Short-Term Results of Copeland Shoulder Hemi-Arthroplasty." G. Portland, MD, M. Hayes, FRACS. Presented at the Asia Pacific Orthopaedic Association Triennial Congress, April 2001.

## **Publications**

"Stiffness, Viscosity, and Upper Limb Inertia About the Glenohumeral Abduction Axis."

L. Zhang, Ph.D.; G. Portland, M.D.; G. Wang, M.S.; C. DiRaimondo, M.D.; G. Nuber, M.D.; M. Bowen, M.D.; and R. Hendrix, M.D. *Journal of Orthopaedic Research*. 18(1): 94-100, Jan. 2000.

"Acute Surgical Management of Jones' Fractures. Portland G, Kelikian A, and Kodros S.

*Foot and Ankle International* 24(11): 829-33, 2003.

"Injury to the Infrapatellar Branch of the Saphenous Nerve in Anterior Cruciate

Ligament Reconstruction: Comparison of Horizontal Versus Vertical Harvest Site Incisions." Portland GH, Martin D, Keene G, and Menz T. *Arthroscopy*. 21(3): 281-285, 2005.

## **Professional Experience**

- Orthopaedic Surgeon and team physician for Northwestern University Athletics; 2002-2008
- Head team physician for Glenbrook North High School; 2002-present
- Head team physician for Evanston High School; 2001-2002
- Medical consultant for Chicago Griffins Rugby Club; 2002-present
- Second Opinions for NFL, MLB, and Arena Football

## **Interests**

- 1989-1995—Member of Dartmouth and Virginia Men's Rugby Clubs
- 1987-1989—Member of Dartmouth Men's JV Golf Team
- 1987-1993—Principal trumpet in Dartmouth Symphony Orchestra and Charlottesville Symphony Orchestra
- Fluent in Spanish; conversational abilities in German and Chinese
- Other interests include golf, basketball, skiing, travel, classical and jazz music