

Sarah Richardson, PT, MPT

Physical Therapist



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Profile

Sarah Richardson, PT, MPT is a Physical Therapist with a passion for practicing outpatient physical therapy in the Chicagoland area for 20+ years. She finds value in connecting with her patients on a personal level to assist with their treatment. She enjoys treating a variety of different diagnoses, especially shoulders and knees including total joint replacements.

Sarah is also Herdman certified in the evaluation and treatment of vestibular and balance disorders. She is successful in treating patients with Benign Paroxysmal Positional Vertigo (BPPV), vestibular hypo-functions and post-concussive symptoms.

In her free time, Sarah enjoys spending time with her 3 children and husband whether it be attending basketball and volleyball games, watching theater performances or baking with them. She loves to travel to different destinations to hike, try new restaurants and relax on the beach.

Education

- Bachelor of Arts in Zoology, University of Wisconsin-Madison
- Master of Physical Therapy, University of Wisconsin-Madison

Certification

- Herdman Certification in Vestibular and Balance Rehabilitation