

Jenna Leman, MS, ATC

Athletic Trainer



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Profile

Jenna Leman, MS, ATC, has been practicing as a Certified Athletic Trainer since 2011 and began working at the Buffalo Grove Illinois Bone & Joint Institute in 2012. She is the Athletic Training Internship Coordinator and serves as the Liaison to the Illinois Athletic Trainers Association for IBJI.

Jenna enjoys treating a variety of diagnoses related to extremity injuries, with a special concentration in knee/lower leg and ankle/foot. She most enjoys working with sports oriented patients of all ages to return to activity safely with confidence. Jenna is also very passionate about nutrition and helps to guide her patients with their health as appropriate.

Jenna's background in working with athletes over the past 5 years has really shaped her interest in competitive sports. She worked at Eastern Illinois University as the Graduate Assistant Athletic Trainer for Football for two years and filled in as the Head Athletic Trainer for Women's Basketball for a year. She has served on the Illinois Athletic Trainers Association Board in the past and continues to be actively involved in the field of Athletic Training.

Education

- MS Exercise Physiology: Eastern Illinois University
- BS Athletic Training: Millikin University

Certifications

- SASTM (Sound Assisted Soft Tissue Mobilization)