

Allie Hufford, PT, DPT

Physical Therapist



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Profile

Allie Hufford PT, DPT joined the Grayslake IBJI team in 2019. She received her Doctor of Physical Therapy at Northwestern University's Feinberg School of Medicine in 2018.

Since then, Allie has been a practicing clinician in outpatient orthopedics. She has worked with a variety of diagnoses throughout her career. Allie has a strong desire to work alongside endurance athletes and individuals with vestibular/concussion diagnoses. Allie truly believes in a multidisciplinary approach and has immense passion for learning, as she believes these are the keys to bringing optimum patient care.

In the future, Allie looks forward to becoming certified in dry needling and pursuing further education with both endurance athlete and vestibular populations.

When not working, Allie enjoys being active. Particularly she enjoys, jogging/hiking, swimming, and biking. She also enjoys spending time with her friends and family in Ohio.

Education

- B.S., Biology and Health Sciences, Bradley University
- Doctor of Physical Therapy, Northwestern University Feinberg School of Medicine