

Monica Backes, PT, DPT

Physical Therapist



815 Cog Circle, Suite 1
Crystal Lake, IL 60014

T (815) 526-5980

F (815) 479-0052

mbackes@ibji.com

Profile

Monica Backes, PT, DPT has been working in outpatient orthopedics since 2008. She received her Doctor of Physical Therapy degree from Marquette University. Originally from Wheeling, IL, Monica currently lives in Cary and works at the Crystal Lake location.

Monica enjoys working with a wide variety of patient diagnoses and patient populations. Through continuing education and experience, Monica has developed an expertise in treating post-operative hip, knee, shoulder, and foot/ankle patients. She utilizes the collaborative care model at IBJI, working closely with physicians and their staff to achieve the best possible patient outcomes. She has a passion for sports medicine and enjoys working with athletes of all ages. Monica has years of experience with walking and running gait analysis and enjoys educating patients on injury prevention and performance enhancement.

In her spare time, Monica enjoys spending time with her family and friends, exploring the outdoors, traveling, and running.

Education

- Doctor of Physical Therapy, Marquette University